

Growing Up

CHALLENGE

Disciple-Making Covenant

I will commit to the following expectations:

1. I pledge myself fully to the Lord with the anticipation that I am entering a time of accelerated spiritual transformation.
2. I will meet with my D-Group for approximately one and one-half hours every week, unless providentially hindered.
3. I will complete all assignments on a weekly basis before my D-Group meeting, in order to contribute to the discussion.
4. I will contribute to an atmosphere of confidentiality, honesty, and transparency for the edification of others in the group as well as my own spiritual growth.
5. I will pray every week for the other men/women who are on the discipleship journey with me.
6. I will begin praying about replicating the discipleship process upon completion of this group.

Signed Mentee _____

Signed Mentor _____

Date _____

Growing Up

CHALLENGE

Sample H.E.A.R. Entry

Read: Philippians 4:10-13

Date: 11-30-13

Title: Secret of Contentment

H (Highlight)

"I can do all things through Christ who strengthens me." Philippians 4:13

E (Explain)

Paul was telling the church at Philippi that he has discovered the secret of contentment. No matter the situation in Paul's life, he realized that Christ was all he needed, and Christ was the one who strengthened him to persevere through difficult times.

A (Apply)

In my life, I will experience many ups and downs. My contentment is not found in circumstances. Rather, it is based on my relationship with Jesus Christ. Only Jesus gives me the strength I need to be content in every circumstance of life.

R (Respond)

Lord Jesus, please help me as I strive to be content in You. Through Your strength, I can make it through any situation I must face.

Growing Up

CHALLENGE

Sample Scripture Memory Card

You then, my child, be strengthened by the grace that is in Christ Jesus, and what you have heard from me in the presence of many witnesses entrust to faithful men who will be able to teach others also.

2 Timothy 2:1-2

Growing Up

CHALLENGE

Accountability Questions

1. Have you spent time in the Word and in prayer this week?
2. Have you shared the gospel or your testimony with an unbeliever this week?
3. Have you spent quality time with your family this week?
4. Have you viewed anything immoral this week?
5. Have you had any lustful thoughts or tempting attitudes this week?
6. Have you told any lies or half-truths to put yourself in a positive light before others?
7. Have you participated in anything unethical this week?
8. Have you lied about any of your answers today?

F260 BIBLE READING PLAN

A BIBLE READING PLAN FOR BUSY BELIEVERS

WEEK 40 Acts 15-16 Galatians 1-3 Galatians 4-6 Acts 17:18-17 1 Thessalonians 1-2	Romans 1-2, Acts 20:1-3 Romans 3-4 Romans 5-6	Memory Verses: Philippians 3:7-8 Hebrews 4:14-16
Memory Verses: Romans 5:1 2 Corinthians 10:4	WEEK 41 Romans 7-8 Romans 9-10 Romans 11-12 Romans 13-14 Romans 15-16	WEEK 49 Hebrews 7 Hebrews 8-9 Hebrews 10 Hebrews 11 Hebrews 12
WEEK 42 1 Thessalonians 3-5 2 Thessalonians 1-3 Acts 18:18-28, 19 1 Corinthians 1-2 1 Corinthians 3-4	Memory Verses: Romans 8:1 Romans 12:1-2	Memory Verses: Galatians 2:19-20 2 Corinthians 5:17
Memory Verses: 1 Corinthians 1:18 1 Thessalonians 5:23-24	WEEK 43 Acts 20-21 Acts 22-23 Acts 24-25 Acts 26-27 Acts 28	WEEK 50 1 Timothy 1-3 1 Timothy 4-6 2 Timothy 1-2 2 Timothy 3-4 1 Peter 1-2
WEEK 44 1 Corinthians 5-6 1 Corinthians 7-8 1 Corinthians 9-10 1 Corinthians 11-12 1 Corinthians 13-14	Memory Verses: Acts 20:24 2 Corinthians 4:7-10	WEEK 51 1 Peter 3-4 1 Peter 5, 2 Peter 1 2 Peter 2-3 1 John 1-3 1 John 4-5
Memory Verses: 1 Corinthians 10:13 1 Corinthians 13:13	WEEK 47 Colossians 1-2 Colossians 3-4 Ephesians 1-2 Ephesians 3-4 Ephesians 5-6	WEEK 52 Revelation 1 Revelation 2-3 Revelation 4-5 Revelation 18-19 Revelation 20-22
WEEK 45 1 Corinthians 15-16 2 Corinthians 1-2 2 Corinthians 3-4 2 Corinthians 7-8	Memory Verses: Ephesians 2:8-10 Colossians 2:16-7	Memory Verses: Romans 4:20-22 Hebrews 11:17-19
Memory Verses: Romans 1:16-17 1 Corinthians 15:3-4	WEEK 48 Philippians 1-2 Philippians 3-4 Hebrews 1-2 Hebrews 3-4 Hebrews 5-6	WEEK 4 Genesis 27-28 Genesis 29-30:24 Genesis 31-32 Genesis 33, 35 Genesis 37
WEEK 46 2 Corinthians 9-10 2 Corinthians 11-13	Memory Verses: Hebrews 1-2 Hebrews 3-4 Hebrews 5-6	Memory Verses: Romans 1:29 Hebrews 9:22
Memory Verses: 2 Corinthians 9-10 2 Corinthians 11-13		WEEK 5 Genesis 39-40 Genesis 41 Genesis 42-43 Genesis 44-45 Genesis 46-47
		Memory Verses: Romans 8:28-30 Ephesians 3:20-21
		WEEK 6 Genesis 48-49 Genesis 50 - Exodus 1 Exodus 2-3 Exodus 4-5 Exodus 6-7
		Memory Verses: Genesis 50:20 Hebrews 11:24-26
		WEEK 7 Exodus 8-9 Exodus 10-11 Exodus 12 Exodus 13:17-14 Exodus 16-17
		Memory Verses: John 1:29 Hebrews 9:22
		WEEK 8 Exodus 19-20 Exodus 24-25 Exodus 26-27 Exodus 28-29 Exodus 30-31
		Memory Verses: Exodus 20:1-3 Galatians 5:14
		WEEK 9 Exodus 32-33 Exodus 34-36:1 Exodus 40 Leviticus 8-9 Leviticus 16-17
		Memory Verses: Exodus 33:16 Matthew 22:37-39
		WEEK 10 Leviticus 23 Leviticus 26 Numbers 11-12 Numbers 13-14 Numbers 16-17
		Memory Verses: Leviticus 26:13 Deuteronomy 31:7-8
		WEEK 11 Numbers 20, 27:12-23 Numbers 34-35 Deuteronomy 1-2 Deuteronomy 3-4 Deuteronomy 6-7
		Memory Verses: Deuteronomy 4:7 Deuteronomy 6:4-9
		WEEK 12 Deuteronomy 8-9 Deuteronomy 30-31 Deuteronomy 32:48-52, 34 Joshua 1-2 Joshua 3-4
		Memory Verses: Joshua 1:8-9 Psalm 11:2

WEEK 12	2 Samuel 11-12	WEEK 22	Ezra 5-6	WEEK 31	Memory Verse: John 13:34-35 John 15:4-5
Joshua 5:10-15, 6	Memory Verses: Psalm 23:1-3 Psalm 51:10-13	Jonah 1-2 Jonah 3-4 Hosea 1-3 Amos 1:1, 9 Joel 1-3	Memory Verses: Daniel 6:26-27 Daniel 9:19	Luke 1 Luke 2 Matthew 1-2 Mark 1 John 1	WEEK 36
Joshua 7-8	WEEK 10	Memory Verses: Psalm 16:11 John 11:25-26	WEEK 27	Memory Verses: John 1:1-2 John 1:14	Matthew 24:32-51
Joshua 23-24	Psalm 51	Psalm 24, Psalm 24	Zechariah 1:1-6, 2, 12	John 17	Matthew 26:35-27:31
Judges 2-3	2 Samuel 24, Psalm 24	Psalm 1, 19	Ezra 7-8	John 1:1-2	Matthew 27:32-66,
Judges 4	Psalm 103, 119:1-48	Psalm 119:49-128	Ezra 9-10	John 1:14	Luke 23:26-56
Memory Verses: Joshua 24:14-15 Judges 2:12	WEEK 16	Psalm 119:1-11	Esther 1-2 Esther 3-4	Matthew 7 Matthew 8	John 19
Joshua 24:14-15	Memory Verses: Psalm 1:1-7 Psalm 119:7-11	WEEK 18	Memory Verses: Zephaniah 3:17 1 Peter 3:15	Matthew 3-4 Matthew 5 Matthew 6 Matthew 7 Matthew 8	Memory Verses: Luke 23:34 John 17:3
Judges 6-7	Psalm 119:129-176, 139	Isaiah 6, 9	WEEK 28	Matthew 9:10-62	WEEK 37
Judges 13-14	Psalm 148-150	Isaiah 44-45	Esther 5-7 Esther 8-10	Mark 16 Luke 24	Mark 16
Judges 15-16	1 Kings 2	Isaiah 52-53	Nehemiah 1-2 Nehemiah 3-4 Nehemiah 5-6	John 20-21 Matthew 28	Luke 24
Ruth 1-2	1 Kings 3, 6	Isaiah 65-66	Memory Verses: Deuteronomy 29:29 Psalm 101:3-4	Acts 1	John 20-21
Ruth 3-4	1 Kings 8, 9:1-9	Micah 1, 4:6-13, 5	WEEK 29	Acts 1	Matthew 28
Memory Verses: Psalm 19:14	Memory Verses: Psalm 139:15-16	Memory Verses: Isaiah 53:5-6 1 Peter 2:23-24	Nehemiah 7-8 Nehemiah 9 Nehemiah 10 Nehemiah 11 Nehemiah 12	Acts 1	Acts 1
Galatians 4:4-5	WEEK 19	WEEK 23	Memory Verses: Proverbs 29:18 Jeremiah 1:15	Acts 1	Acts 1
WEEK 15	1 Samuel 1-2	2 Kings 17-18	WEEK 30	Acts 1	Acts 1
1 Samuel 3, 8	Memory Verses: Psalm 139:1-3 Psalm 139:15-16	2 Kings 19-21 2 Kings 22-23 Jeremiah 1-3:5 Jeremiah 25, 29	Nehemiah 13 Nehemiah 1 Malachi 2 Malachi 3 Malachi 4	Acts 1	Acts 1
1 Samuel 9-10	WEEK 20	Memory Verses: Proverbs 16-18 Proverbs 31	Memory Verses: Psalm 51:17 Colossians 1:19-20	Acts 1	Acts 1
1 Samuel 13-14	Proverbs 1-2 Proverbs 3-4 Proverbs 16-18 Proverbs 31	WEEK 25	WEEK 35	Acts 1	Acts 1
1 Samuel 15-16	1 Kings 11-12	Jeremiah 31:31-40, 32-33 Jeremiah 52, 2 Kings 24-25 Ezekiel 1:1-3, 36:16-38, 37	John 11, Matthew 21:1-13 John 13 John 14-15 John 16 Matthew 24:1-31	Acts 1	Acts 1
Memory Verses: 1 Samuel 15:22 1 Samuel 16:7	Memory Verses: Proverbs 1:7 Proverbs 3:5-6	Daniel 1-2 Daniel 3-4	Memory Verses: Psalm 51:17 Colossians 1:19-20	Acts 1	Acts 1
WEEK 16	WEEK 21	Memory Verses: 1 Kings 16:29-34, 17 1 Kings 18-19 1 Kings 21-22 2 Kings 2 2 Kings 5, 6:1-23	WEEK 34	Acts 1	Acts 1
1 Samuel 17-18	1 Kings 16:29-34, 17	WEEK 26	John 6 Matthew 19:16-30 Luke 15-16 Luke 17:11-37, 18 Mark 10	Acts 1	Acts 1
1 Samuel 19-20	1 Kings 18-19	Daniel 5-6 Daniel 9-10, 12 Ezra 1-2 Ezra 3-4	Memory Verses: Matthew 19:16-30 Nehemiah 6:9 Nehemiah 9:6	Acts 1	Acts 1
1 Samuel 21-22	1 Kings 21-22	Memory Verses: Psalm 17:15 Psalm 63:1	WEEK 33	Acts 1	Acts 1
Psalm 22, 1 Samuel 24-25:1	2 Kings 2	Memory Verses: Psalm 17:15 Psalm 63:1	Memory Verses: Nehemiah 9:6	Acts 1	Acts 1
1 Samuel 28; 31	2 Kings 5, 6:1-23	WEEK 27	WEEK 32	Acts 1	Acts 1
Memory Verses: 1 Samuel 17:46-47 2 Timothy 4:17a	Memory Verses: Psalm 17:15 Psalm 63:1	WEEK 28	Matthew 3-4 Matthew 5 Matthew 6 Matthew 7 Matthew 8	Acts 1	Acts 1
WEEK 17	Memory Verses: 2 Samuel 1, 2:1-7 2 Samuel 3:1, 5, Psalm 23 2 Samuel 6-7 Psalm 18, 2 Samuel 9	WEEK 29	WEEK 36	Acts 1	Acts 1
2 Samuel 1, 2:1-7	WEEK 24	WEEK 31	WEEK 39	Acts 1	Acts 1
2 Samuel 3:1, 5, Psalm 23	2 Kings 17-18	WEEK 32	Acts 10-11 Acts 12 Acts 13-14 James 1-2 James 3-5	Acts 1	Acts 1
2 Samuel 6-7	2 Kings 19-20	WEEK 33	Acts 1	Acts 1	Acts 1
Psalm 18, 2 Samuel 9	2 Kings 23-24	WEEK 34	Acts 1	Acts 1	Acts 1