

# NS LIFE GROUPS

NorthStar Church

Defining Moments: Disease (week 5)

Mark 6:1-6

April 29, 2018

**Main Idea:** Disease does not control me!

**Icebreaker:** Can you remember a time you or someone you loved was very sick or had a very severe injury? What was the situation? How did you react to it? Did that situation affect how you viewed God in any way?

## **Study**

Read the following points from the sermon along with the corresponding scripture passages and discuss them in your group using the following questions.

### **The truth about sickness or disease:**

1. Sometimes our sin can lead to sickness. (John 5:14) (Psalm 38:3-4, 6, 18)
  - a. Like the Psalmist, have you ever become physically ill over your sin?
2. Sometimes disease is just simply for God's glory. (John 9:1-3)
  - a. How would you feel knowing that your disease/sickness was simply to bring glory?
  - b. Do you have any stories of how God worked through a disease in your life or in someone else's life to clearly bring glory to himself?
3. Sometimes it's directly sent by God to develop us. (Job 2:4-7, 1:20 and 2 Corinthians 12:7-10)
  - a. What are some examples of how God can develop and grow us through disease?
  - b. What can God teach us about himself and a relationship with him through these defining moments?

### **The truth about healing:**

1. The power to heal only comes from God. (Luke 9:1-2) (Luke 16:19-22) (God is not telling us to never go to the doctor but that he is ultimately responsible for our healing and the timing of it.)
  - a. How does this truth affect how you view and react to disease?
2. We are instructed to seek the prayers of others for healing. (James 5:14-16)
  - a. Why do you think God tells us to do this?
3. Sometimes prayer can change God's mind on a matter. (2 Kings 20:1-7)
  - a. In your prayers, have you acknowledged God's sovereignty and power to heal your affliction?
4. All healing requires some level of faith. (Mark 9:23-24, 9:28-29, Luke 7:7-10)
  - a. Do you truly believe that God CAN heal even in the most difficult situations?
  - b. Have there been times you've prayed but honestly haven't really believed that God could or would heal? Have you ever prayed for God to "help your unbelief?"
5. God's healing always has a greater purpose. (Matthew 4:23-5:2)
  - a. Have you ever struggled to trust God's goodness and purposes in a situation of disease?

**Application**

How can you use these truths to help yourself or a loved one through the dark times of disease? Which of these truths was most impactful for you to hear? Is there a current situation in which you've given up asking for healing?

**Pray**

Pray for each person in your group and their various requests. Pray that we remember that disease does not control us. Pray that we learn to lean on God to discover His purpose and plan in the midst of our pain. Take time to pray for God's supernatural healing in the lives of any group members or loved ones who need healing.