



NS LIFE GROUPS

NorthStar Church
Re-Boot: Delete
May 13, 2018

Main Idea: When it's time to Re-Boot our systems, one thing we must do is to Delete destructive things from our lives.

Icebreaker: Can you tell of a time that you deleted something on your computer or phone? Maybe it was a huge mistake and you had to rebuild something? Or maybe it ended up being a huge blessing to you?

Study:

Sometimes we need to push the Spiritual "Delete" button to eliminate things from our lives that hinder intimacy in our relationship with the Lord.

Read the following points from the sermon along with the corresponding scripture passages and discuss them in your group using the following questions.

- Delete unholy idols.** (Exodus 20:3) God doesn't just want to be your top god; he wants to be your only God. Use the following questions to identify possible idols in your life:
 - What things do you value most in your life?
 - What in your life do you feel like you couldn't possibly live without?
 - What do you feel like you must have in life to be happy?
 - What do you spend most of your time thinking about?
- Delete unhealthy relationships.** (1 Corinthians 15:33) You will become like whom you surround yourself with. Think about the people that you spend the most time with.
 - Is any one of them a "toxic" person?
 - Would others consider you a "toxic" person? If you were in your friends' shoes, would you delete yourself from their lives?
 - On the flip side, what people in your life encourage you? What people in your life make you WANT to be a better follower of Christ? How could you be intentional to spend more time with them?
- Delete unwholesome talk.** (Ephesians 4:29-32) What comes out of your mouth originates in your heart.
 - When you get upset, discouraged, or angry, are you quick to say things that you later regret?
 - Do you blame these words on the situation or the other person?
 - Is it hard to own the truth that those unwholesome words actually originated in your own heart?

Application

In light of these Biblical truths, what does God want you to Delete from your life? What next steps do you need to take to Delete that and replace it with:

- A deep relationship with God
- A healthy, Christ-honoring relationships with others
- Christ-honoring speech

Pray

Pray for each person in your group and their various requests. Pray that we have the wisdom to find and Delete the things we need to from our lives.